|  |  |
| --- | --- |
| **POINT HAUT**  **10** |  |
| **9** |  |
| **8** |  |
| **7** |  |
| **6** |  |
| **5** |  |
| **4** |  |
| **3** |  |
| **2** |  |
| **1**  **AUJOURD'HUI** |  |
| **-1** |  |
| **-2** |  |
| **-3** |  |
| **-4** |  |
| **-5** |  |
| **-6** |  |
| **-7** |  |
| **-8** |  |
| **-9**  **-10**  **POINT BAS** |  |
| **POINT HAUT** |  |
|  |  |

**Module 2 - Comprendre le changement**

**Diagramme chronologique (points hauts et bas)**